

Student Flourishing Profile

Administration Instructions



The Student Flourishing Profile (SFP) is a multidimensional assessment of adolescent wellbeing based on the tenants of positive psychology. Please ensure you are familiar with the tool by reading the following before administering the survey: <http://www.studentflourishingprofile.com.au/for-teachers>

ENSURE there is ample time to complete the survey. A minimum of 30 minutes should be allowed.

The survey is to be completed voluntarily. If any students raise concerns about completing the survey, please attend to their concerns. If the student still does not want to participate he or she should be assigned another task while others in the class complete the survey.

Please READ and be familiar with the script below in advance.

Equipment required:

- Computer and internet access for each student (a tablet pc with internet accessibility is also suitable)
- Whiteboard and whiteboard marker

Before students arrive:

Print the following example question on the board before students arrive:

I know my strengths well:

Strongly Disagree ☐ Disagree ☐ Slightly Disagree ☐ Neither Agree nor Disagree ☐ Slightly Agree ☐ Agree ☐ Strongly Agree ☐

SFP Administration script (please read text in bold):

Today we are going to be completing an online wellbeing survey. The survey is to help our school understand what we can do better to assist students with their health and wellbeing.

You may wish to discuss why wellbeing is important from the perspective of your own school.

In a moment I will put up a web link you can use to access the survey.

(Do not write up address until this part of the instructions is complete).

You will be asked a question and then asked to select a response.

Please look at the board where I have written an example. You will see questions like this. You are to answer the question by selecting the response that best describes you. There may be times when no answer is perfect however select the response that best reflects you.

(Staff please do not select a response for the question on the board just let students know each of the responses would be okay to select but they will only be able to select one response).

You can select any of the responses. There are no right or wrong answers and this is not a test.

You will be asked to work through each of these questions on your own. Please do not discuss your answers with anyone else. If you finish before others please wait quietly and do not disturb others.

If you have any questions please raise your hand and I will assist you where I can.

(If students are unfamiliar with a words meaning you can assist them with the meaning however do not influence them by suggesting a choice).

The survey should take about 10-15 minutes, however there is no time limit. Do not spend too much time on any question. If you are unsure pick the one that you think is best and move on to the next.

You will be asked for your name. Please use your full first and last name (no abbreviations or nicknames).

Are there any questions?

(Answer questions and then commence)

Write up the internet access and ask students to log on.

<https://www.surveymonkey.com/r/9BXYQHT>

Ask students to begin.

Walk around the room and check that each student is correctly logged on to the survey.

When complete: Thank students and ask them if they have any additional questions.