

Remembering

- 1 **Name** the system that distributes heat evenly through your body.
- 2 **State** whether the following statements are true or false.
 - a The diaphragm contracts as you inhale.
 - b You exhale because the air pressure in the chest cavity has decreased.
 - c Mechanical digestion changes food chemically.
 - d Arteries carry blood towards the heart.
 - e Veins have valves in them to help the flow of blood.
 - f In humans there are two separate parts to the circulatory system.
- 3 **List** these organs in the order food will pass through them in the digestive tract:
small intestine, mouth, stomach, large intestine, duodenum, oesophagus
- 4 **Name** three things produced in the bone marrow.
- 5 **Name** three organs in the excretory system.

Understanding

- 6 **Explain** why the lungs are included in both the respiratory system and the excretory system.
- 7 **Explain** why urine is a darker colour on a hot day.
- 8 **Describe** three situations in the body where a large surface area helps the functioning of a system.
- 9 Major arteries are a long way from the body surface.
Explain why.
- 10 **Explain** the advantage of bone being a living tissue.
- 11 **Describe** the function of:
 - a tendons
 - b ligaments
 - c joints.

Applying

- 12 You take in about 500 mL of air in one breath, and breathe 12 times a minute. **Calculate** how much air you take into your body every hour.

- 13 **Identify** the organs labelled A–J in Figure 3.6.1.

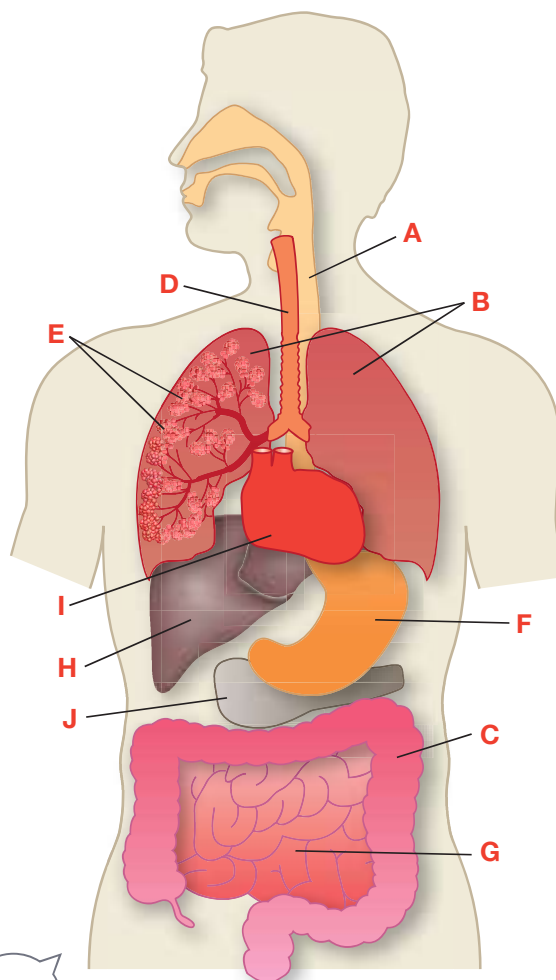


Figure 3.6.1

- 14 **Identify** each of the following body parts.
 - a A slippery elastic tissue found on the ends of bones
 - b The structure that carries urine out of the body
 - c The joint that allows movement in two directions
 - d A tissue that can contract and be stretched but cannot expand

Analysing

- 15 a** Use the information in the table below to **calculate** the amount of oxygen that enters your blood for 1 hour while you are sleeping.
- b** **Calculate** the amount of carbon dioxide you would breathe out in that time.
- c i** **Compare** the amount of oxygen and carbon dioxide breathed out during sleep and during exercise.
- ii** **Account** for any differences.
- d i** **Compare** the amount of nitrogen breathed in and out.
- ii** **Account** for any differences.

Gas	Composition of air (%)		
	Breathed in	Breathed out during sleep	Breathed out during exercise
Nitrogen	78	78	78
Oxygen	21	16	11
Carbon dioxide	0.03	4	9.5
Water vapour	a little	saturated	saturated

- 16** **Compare** the part of the lungs where gas exchange takes place with the lining of the small intestine.

Evaluating

- 17 a** **Interpret** Figure 3.6.2 to identify the organs or parts of systems that are represented in the Aboriginal drawing below.



- b** **Propose** why Aboriginal Australians would have represented these organs or systems in their art.

- 18** There have been situations where people have drunk their own urine to survive in the desert when they had run out of water. **Assess** how this would change the composition of the urine they would produce the following day.
- 19** Some athletes strap their wrists, ankles, knees and shoulders when playing sport. **Propose** reasons why.
- 20** Birds have hollow bones with very little compact bone. **Propose** an advantage of this characteristic.
- 21** Dialysis is a process that uses a machine to filter wastes out of blood. The process is used if a person's kidneys stop working efficiently. Dialysis must take place at least three times a week and requires the person to be hooked up to the dialysis machine for 4–6 hours each time.
- a** Use this information to **calculate** the minimum time a person needs to be connected to the dialysis machine each week.
- b** **Propose** a list of disadvantages of kidney dialysis.

Creating

- 22** Some people say that we should drink 2 litres of water every day and that tea or soft drink should not be included in the 2 litres. Others say that any drink is equally good at hydrating the body. **Design** an investigation that would help settle the argument.
- 23** Use the following ten key terms to **construct** a visual summary of the information presented in this chapter.

digestion
respiration
excretion
circulatory system
heart
enzymes
diffusion
glucose
oxygen
breathing

