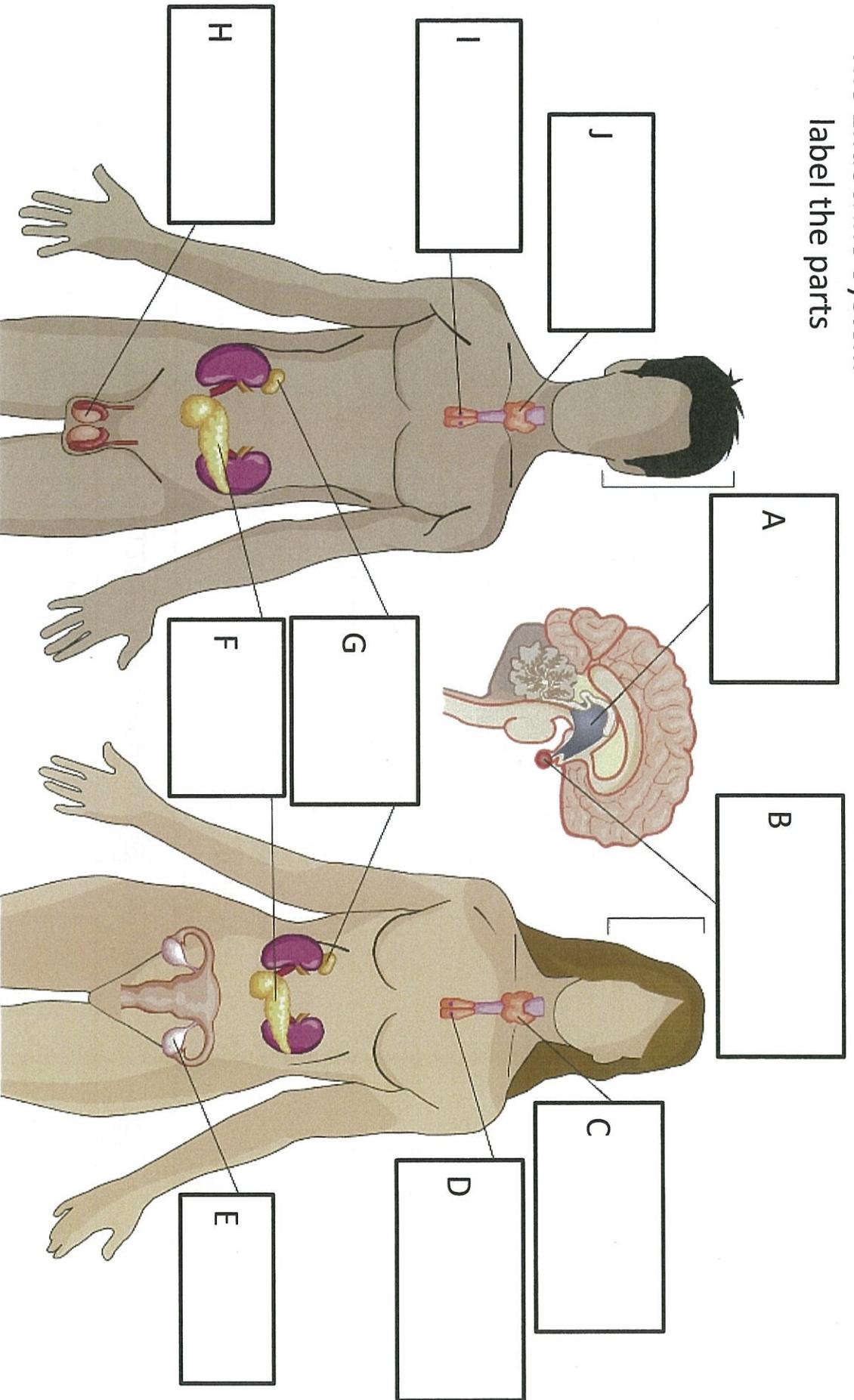


The Endocrine System –
label the parts



THE HYPOTHALAMUS AND THE PITUITARY GLANDS

| HORMONE | PRODUCED IN (GLAND) | ACTS ON (TARGET ORGAN) | EFFECTS |
|--|---------------------|---------------------------------------|--|
| ANTERIOR LOBE OF THE PITUITARY GLAND | | | |
| Gonadotropin - FSH | | Females - ovaries Males - testes | Acts on the Sertoli cells of the interstitial cells in the testes to stimulate sperm production (spermatogenesis). |
| Gonadotropin - LH | | Females - ovaries Males - testes | An acute rise of LH ("LH surge") triggers ovulation and development of the corpus luteum. |
| Growth Hormone (GH) | | Bone, muscle, fat cells | |
| Thyroid Stimulating Hormone (TSH) | | Thyroid gland | Thyroid gland releases increasing amounts of thyroxin. |
| Adrenocorticotrophic Hormone (ACTH) | | Adrenal cortex | |
| Prolactin (PLH) or Lactogenic Hormone | | Milk gland lobules | Promotes milk production in lobules of the breast. |
| POSTERIOR LOBE OF THE PITUITARY GLAND | | | |
| Oxytocin (OT) | | | The two main actions of oxytocin in the body are 1. Contraction of the womb (uterus) during childbirth and 2. Contraction of the thin muscles surrounding lobules of the breast to initiate lactation. |
| Antidiuretic Hormone (ADH) | | Collecting duct of the kidney nephron | |

THE MAJOR ENDOCRINE GLANDS AND THE HORMONES THEY PRODUCE

| ENDOCRINE GLAND | MAIN HORMONES PRODUCED |
|--------------------|--|
| ANTERIOR PITUITARY | Oxytocin and ADH |
| PINEAL GLAND | <p>Nil (Two hormones are classically considered as being related to the posterior pituitary: oxytocin and vasopressin. These hormones are created in the hypothalamus and released in the posterior pituitary.)</p> |
| PARATHYROID GLANDS | <p>The 3 main thyroid hormones are 1. T3 (triiodothyronine) and 2. T4 (thyroxine). (T3 and T4 regulate your body's temperature, metabolism and heart rate.) 3. Calcitonin (When the calcium level is high in the bloodstream, the thyroid gland releases calcitonin. Calcitonin slows down the activity of the osteoclasts and increases the activity of osteoblasts found in bone.)</p> |
| ADRENAL MEDULLA | <p>1. Insulin (decreases blood sugar levels) 2. Glucagon (increases blood glucose levels)</p> |
| OVARIES | <p>Produces hormones that are vital to life, such as cortisol (which helps regulate metabolism and helps your body respond to stress) and aldosterone (which helps control blood pressure).</p> |
| | <p>Testosterone</p> |

